

Being Real

'Complicated' by Avril Lavigne



I think the video we just watched tells a story. What do you think it's about?

Do you think people sometimes show-off or pretend to be things they are not? Why might people sometimes pretend to be something they are not?

Can you give an example of when you did this? What happened?

Is pretending to be something you aren't, a good idea? Why?

Wouldn't you rather be known for who you really are? Why?

Some people would say we are the way we are for a reason. What do you think of that idea?

Activity

- Cut pieces of paper in the shape of a person.
- On one side, write the kind of person you think you are, and the good things about you.
- On the other side, write the kind of things that stop you being what you want to be.