



# Mappa Tiegħi Nniffsi



2

3

**Sfidi** – X’inhuma l-isfidi u d-diffikultajiet li qed insib b’hal issa f’haġti?

2

## Self Awareness Map

3

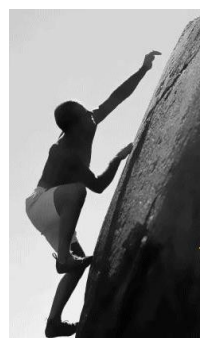
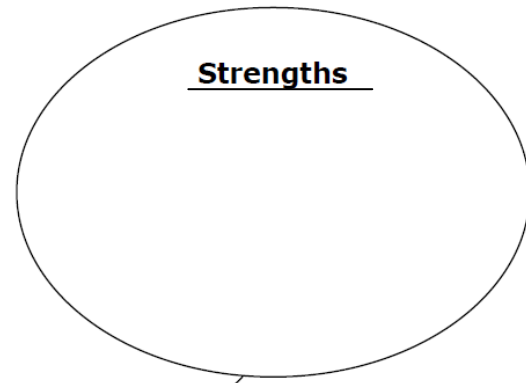
**Ħiliet** – X’inhuma l-ħiliet u dawk l-affarijiet li jien vera TAJJEB fihom?



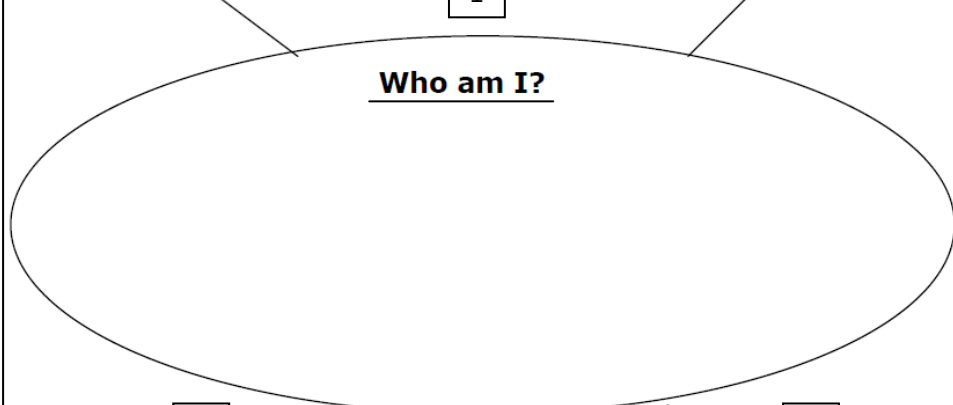
1



1

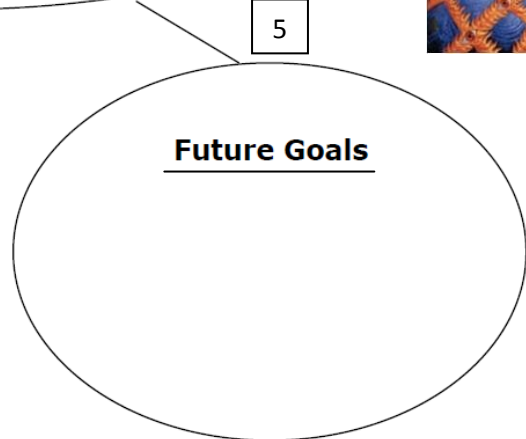
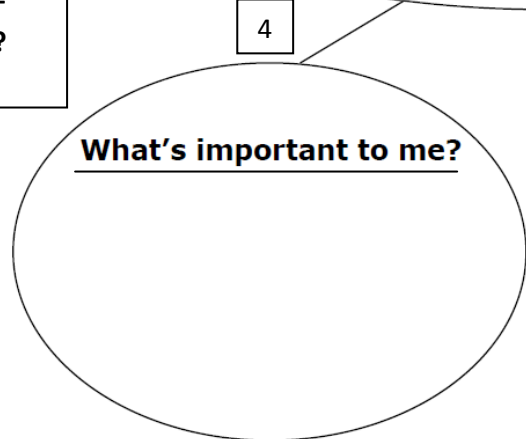


**Jien Min Jien?** –  
Nizzel :  
1. Ismek u Kunjomok?  
2. Minn fejn int (Belt/Raħal)?  
3. Eta’?  
4. Fejn kont skola?  
5. L-isport li tħobb?  
6. L-ikel li tħobb?  
7. Il-vaganza tal-ħolm tiegħek?  
8. X’tixtieq issir?



4

5



4

**X’Inhu Importanti Għalija?**  
X’inhuma dawk il-valuri jew affarijiet l-aktar importanti f’haġti?

5

**X’Inhuma L-Pjanijiet Għal Futur?**  
X’qed nippjana għall-futur tiegħi?  
Kif nara lili nniffsi 10 snin oħra?

